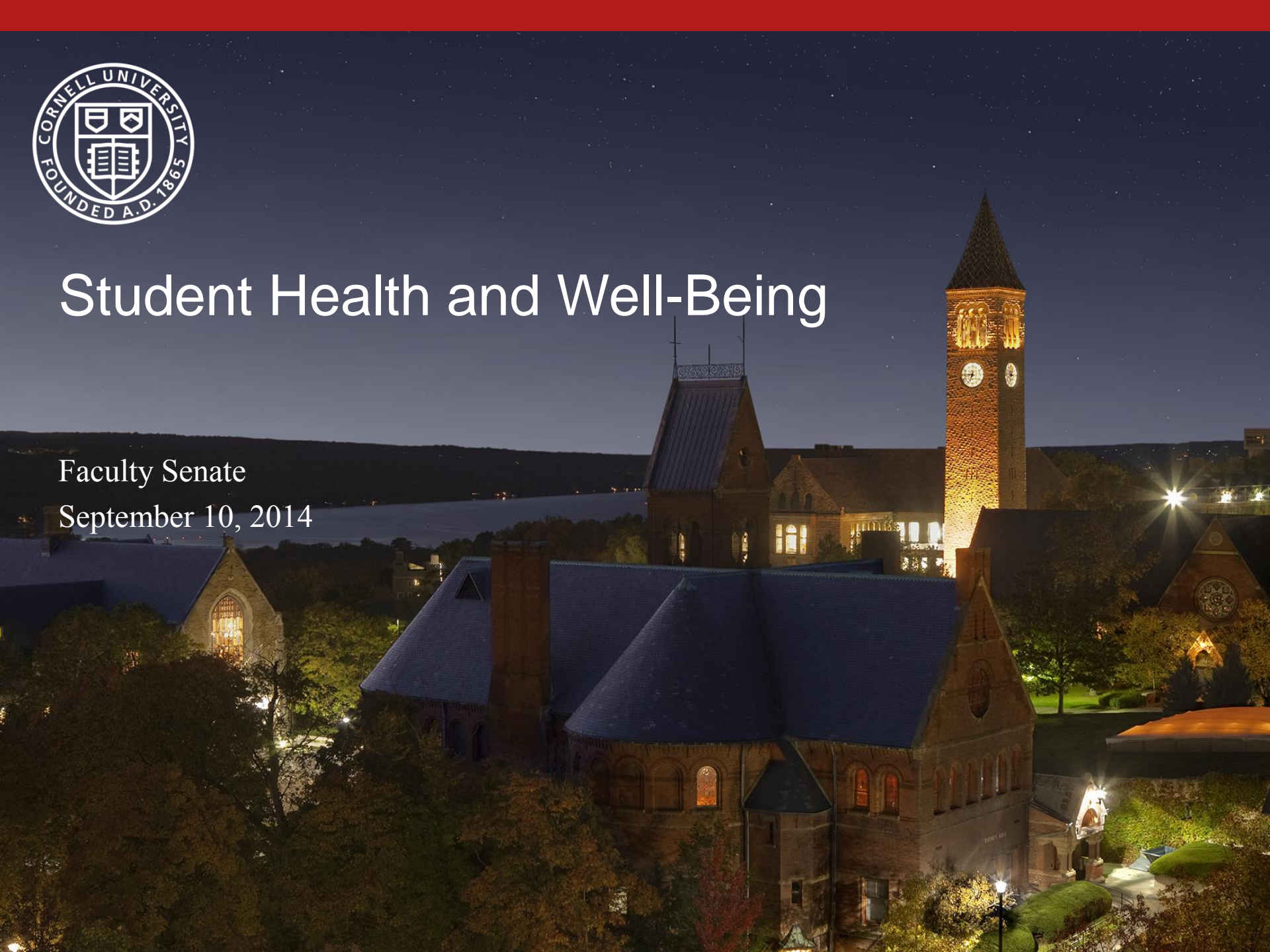


# Student Health and Well-Being

Faculty Senate  
September 10, 2014



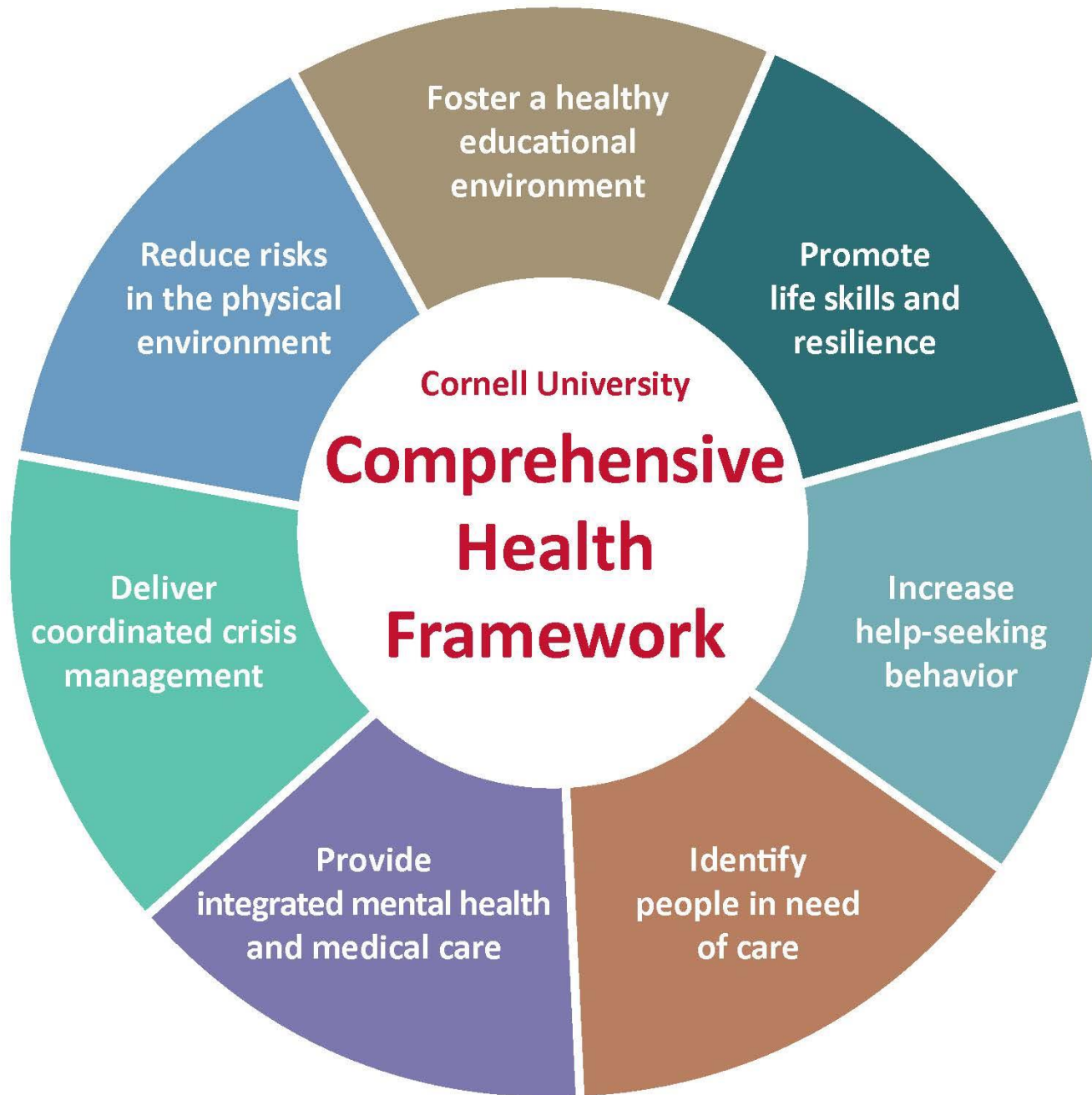
# Cornell Strategic Plan

Objective within Educational Excellence:

“Promote the health and well-being of students (undergraduate, graduate, and professional) as a foundation for academic and life success.”

## Preventing/Responding to Health & Safety Threats

For many years, Cornell has utilized a **comprehensive public health approach** to deal with the **prevention** of and **response** to various health and safety threats impacting our community.



# Campus Health Initiatives

<b>Alcohol &amp; Other Drugs</b>	<b>Mental Health</b>	<b>Sexual Violence</b>	<b>Hazing</b>
<b>Executive Committee on Campus Climate, Health and Safety</b>			
<b>President's Council on AOD</b>	<b>Council on Mental Health &amp; Welfare</b>	<b>Council on Sexual Violence Prevention</b>	<b>Council on Hazing Prevention</b>

# Mental Health Data

PULSE 2013 (n = 6,190)

In the past 12 months, 38% of Cornell undergraduates were unable to function academically (e.g., missing classes, unable to study or complete homework) for at least one week due to depression, anxiety, or stress.

# Mental Health Strategies

- Notice and Respond & Friend2Friend
  - More than half of all faculty have participated
- Resilience building
  - Staying Balanced program with Engineering 1050
  - School of Hotel Administration session for first-year students
- Integrated Medical & Mental Health
  - Depression screening
  - Design of new facility

# INDEPENDENT SINCE 1880 The Cornell Daily Sun

**NEWS** OPINION SPORTS ARTS SCIENCE DINING MULTIMEDIA BLOGS

You are here: [Home](#) » [News](#) » [Cornell Sees Increase in Medical Transports Over Orientation Week](#)

## Cornell Sees Increase in Medical Transports Over Orientation Week

SEPTEMBER 2, 2014 1:06 AM | 1 COMMENT

By **ASHLEY CHU**

With an increase in high-risk drinking among students — particularly in off-campus locations such as Collegetown — University officials say they are concerned about student alcohol consumption during Orientation Week and the weeks that follow.



Sept. 10-14  
Ottawa, ON

THE GREAT ESCAPE  
5 DAYS IN SEPTEMBER

FEATURING:

**THE NATIONAL**

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WAKE OWL □ BLACK PRAIRIE  
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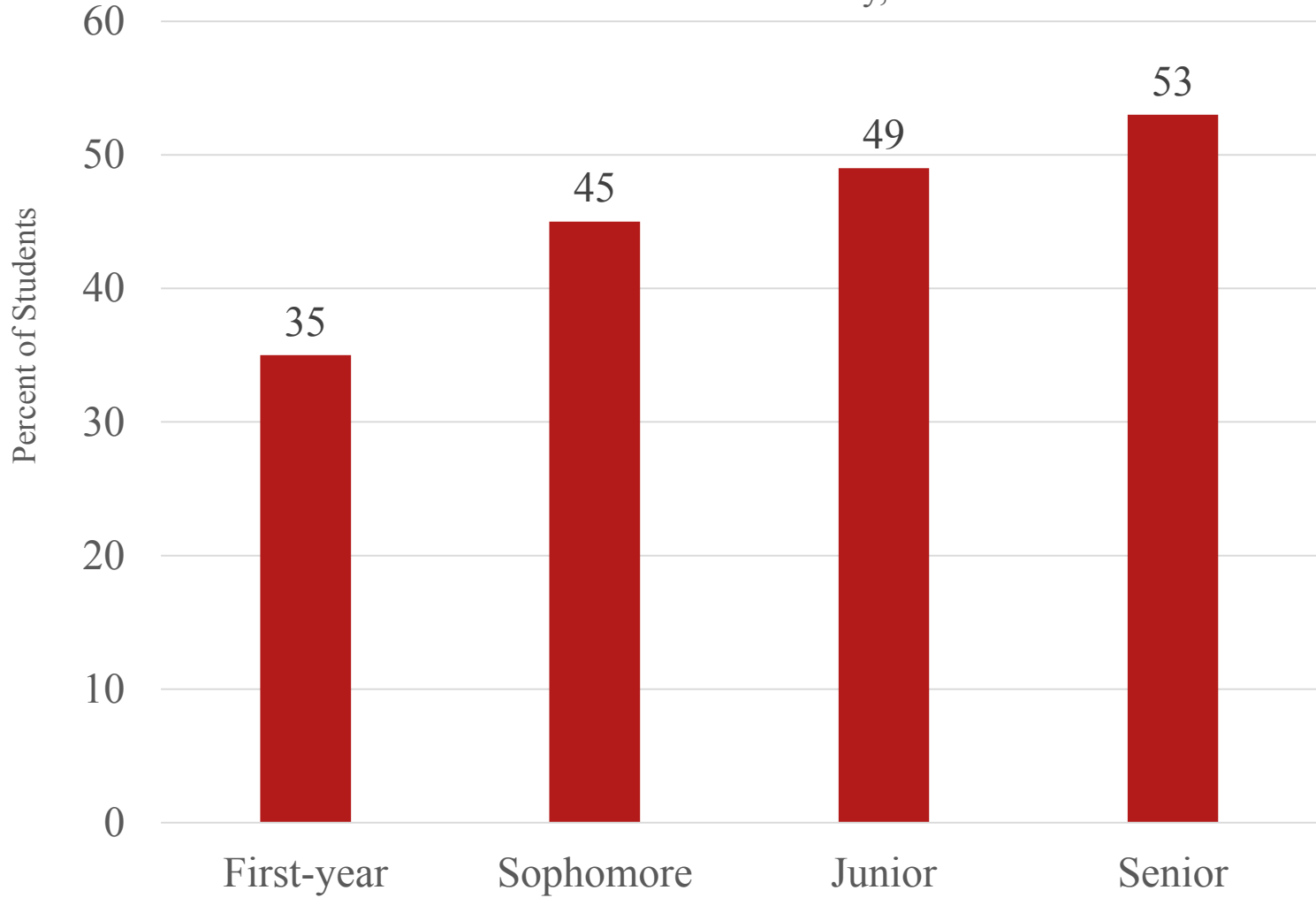


CORNELL SUN VIDEOS

President Skorton ALS Ice Bucket Challenge



**High-Risk Drinking**  
**(5+ drinks for males, 4+ females)**  
Alcohol and Social Life Survey, Fall 2013



# Percent of undergraduates experiencing harm from alcohol/drugs during past year

\*Core Alcohol and Drug Survey

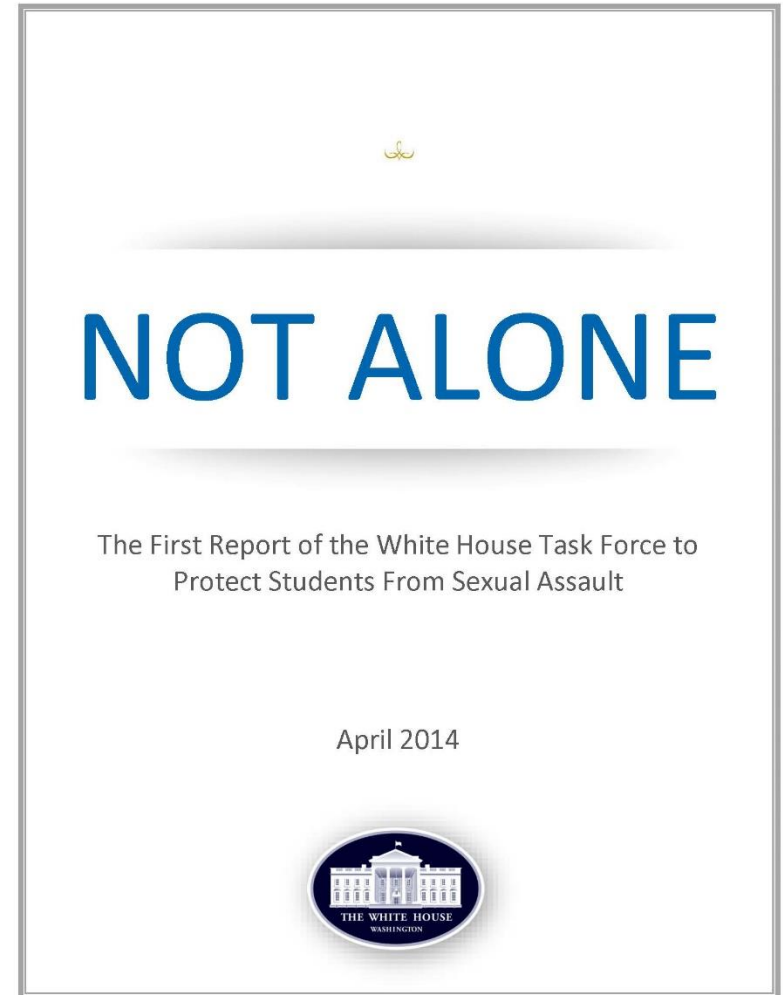
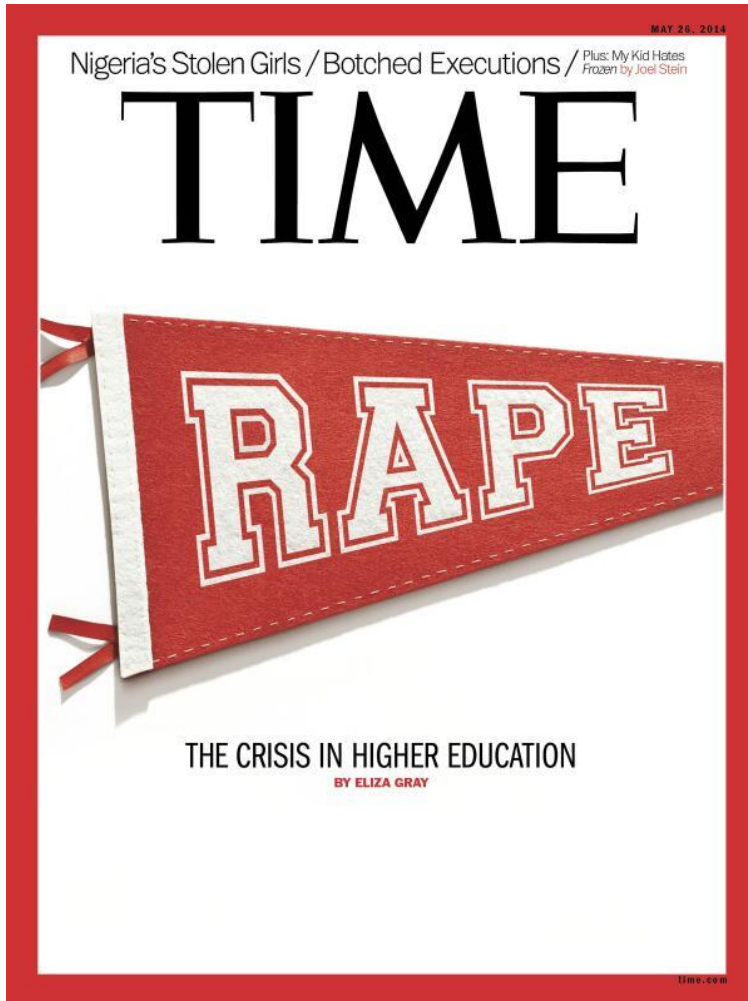
	<b>Cornell Fall 2013</b>	<b>Cornell Fall 2012</b>	<b>Nation* 2011-13</b>
Memory loss	28	30	33
Missed class	16	18	25
Poor academic performance	7	8	19

## AOD Strategies

- Screen for alcohol problems in medical visits
- Correct misperceived norms
- Coordinate enforcement with IPD
- Cayuga's Watchers
- Good Samaritan Policy



# Sexual Violence



# Nonconsensual Sexual Experiences in Past 12 Months

Alcohol & Social Life Survey, fall 2012, n = 2,875

	<b>Female</b>	<b>Male</b>
Sexual penetration or attempted penetration	3.4%	.07%
Sexually touched	7.7%	2.3%

## Sexual Violence Prevention/Response Strategies

- Council on Sexual Violence Prevention
- Bystander education (*Speak About It*)
- Respect@Cornell
- Policy 6.4

## Percent of undergraduates reporting experiences of hazing

Cornell MASCOT Survey: Membership Activities in Student Clubs, Organizations and Teams (2013)

	<b>All students (n=2,332)</b>	<b>Social fraternity or sorority (n=694)</b>	<b>Varsity athletics (n=213)</b>	<b>Other student groups* (n=2,159)</b>
Cornell 2013	39	48	47	31
National Study	55	73	74	----

\*Ex. Performing arts groups, academic clubs, service organizations

# Hazing Prevention Strategies

- Changes to Greek new member process
- Council on Hazing Prevention

HAZING.CORNELL.EDU  
a revealing look at hidden rites

HOME HAZING INCIDENTS CONSIDER THE ISSUES WHAT TO DO

Search Hazing Site:

**Report Hazing Confidentially**

**Hazing in the News:**  
Follow important [campus, state, and national news](#) related to hazing.

**If you have been hazed...**  
or just want to talk, a [Gannett provider can help](#), confidentially. Call 607 255-5155.

**Hazing is a hidden and serious problem . . .**

**Why this site exists**  
While being part of a campus group can be one of the most meaningful aspects of student life, hazing is a hidden and serious problem that undermines the value of these experiences for many individuals. Although hazing is not unique to Cornell, we believe that it is important to examine these practices explicitly in an attempt to overcome the secrecy that perpetuates them.

**Who this site is for**  
This site is a resource for students, staff, faculty, alumni, parents and others interested in learning about hazing within student groups at Cornell University. Since hazing is a national problem that occurs in high schools, colleges, and other settings, this information may be useful to visitors as well.

**What you should know**

- › Hazing is a [violation](#) of Cornell University policy and New York State law.
- › Hazing takes various forms, but typically involves physical risks or mental distress through, for example, humiliating, intimidating, or demeaning treatment.
- › Hazing can cause significant harm to individuals, groups and the University.
- › [Hazing has occurred](#) in Cornell fraternities, sororities, athletic teams, performance groups, and other organizations.
- › Groups that haze often view it as positive and necessary.
- › Groups that haze can achieve the positive outcomes they seek from hazing through non-hazing means.

**What you can do**  
[Individuals and organizations](#) can put a stop to hazing at Cornell. A new campaign helps all students [Rethink. React. Regroup.](#)

**Rethink. React. Regroup.**

**QUICK LINKS**

- [New Campaign: Rethink. React. Regroup](#)
- [Message to First Year Students](#)
- [Hazing Incidents](#)
- [Contact Us](#)

# 82%

of Cornell students believe:



**it's never ok to humiliate or intimidate new members.**

... not in a group, team, or organization. It's never ok.

**Find out more: Definitions. Reporting. Help.**

**[www.hazing.cornell.edu](http://www.hazing.cornell.edu)**

This message is brought to you by the Office of the Dean of Students, the Office of Fraternity and Sorority Affairs and Independent Living, the Department of Athletics and Physical Education, Gannett Health Services, Institutional Research and Planning, Residential Programs, and the Cornell Police.

The data point,\* may be personally surprising, affirming, or disturbing. It is intended to challenge commonly held misperceptions and generate conversation about actual characteristics of the Cornell community.

\* Perceptions of Undergraduate Life & Student Experiences (PULSE) Survey, Spring, 2013 (N=5,805, 45% response rate)



Cornell University



# UHS Facility Renovation Southeast corner at Ho Plaza



# UHS Facility Renovation East entrance off Ho Plaza



# UHS Facility Renovation

## South view



# UHS Facility Renovation Northwest view

